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**High School Freshman PE Syllabus**

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| Class and Contact Information |

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|  | **Laura Thomas** |  | Laura.thomas@slps.org |
|  | gymnasium |  | https://www.slps.org/site/Default.aspx?PageID=10386 |
|  | 314 7730027 |  | Teams page |

**Course Overview:** for online learning if we go back to this…..

* **BE ON TIME!!:** Make sure that you are ready to play at the bell
* **Get to your Spot**: Seats assigned. Sit in them
* **School Clothing Required** Dress properly for participating in classrooms.
* **BE PREPARED**: make sure that you are ready to participate before each class period begins.
* **Be Respectful**: respect others in the classroom.
* **Do Your Best**: Whatever the class and whatever time of day! If you are there, you should be doing the best you can.

**Course Topics:**

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| **First Quarter** | **Second Quarter** |
| * **Fitness testing** * **Soccer** * **Volleyball** * **Flag football** | * Basketball * Badminton * Tennis * Floor hockey |
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| **NOTE:** *This list may change in order and in content to best meet the needs of the class.* | |

**Grading:**

* The grading scale outlined in the student handbook will be used. Your PE grade consists of: performance assessments (usually a daily grade on any work done in class),
* Extra credit: If you are keeping up with the class assignments, there is no need for extra credit. ☺

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| **Term Weighting** | | | | | |
| **Semester 1** | | | Semester 2 | | |
| **Q1** (40%) | **Q2** (40%) | **S1 Final** (20%) | **Q3(40%)** | **Q4(40%)** | **S2 Final (20%)** |

**Late Work: (School wide policy coming)**

**Absences From Class: any missing assignments that were due will be due on the next class day, make up time you missed with an email to me of what activites completed for credit.**

**Classroom Policies and Procedures: Come prepared to learn and be active in class each day**

* Attendance/absences/tardies: If you are absent, you have missed a classroom assignment and a grade.
* Make-up/late work: Turn your work in on time—no excuses (unless you are absent). There will be a 10% reduction in the grade received each day an assignment is late. Work will NOT be accepted after 5 days.
* Classroom expectations/norms: You are expected to be respectful of yourself, others and the teacher. Be on time—that means *in the classroom before the last bell rings*. No cell phones and no *charging* cell phones in class. Cheating will not be tolerated. No eating, drinking or sleeping in class.
* MUST WEAR TENNIS SHOES-no crocs, boots, slides, or sandal will be accepted
* Send doctor notes to the nurse and she will give us necessary accommodations for the student.